

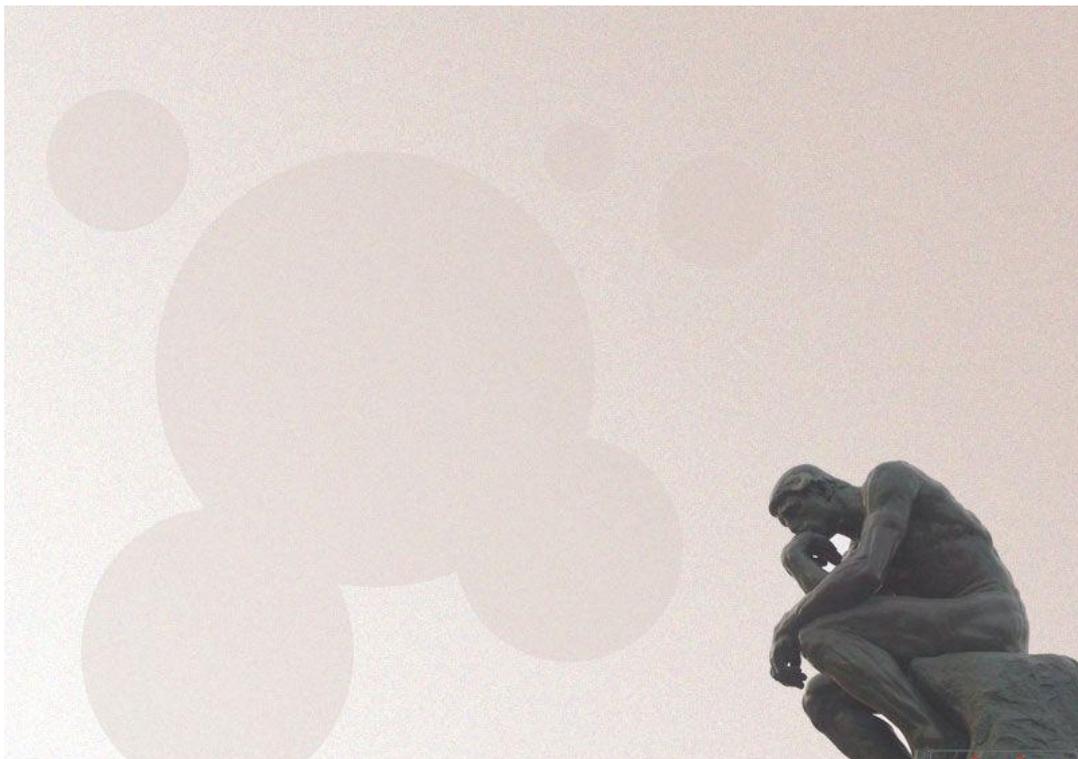
# Bethel High School

Class Teacher Period

(Self-Reflection booklet)

<2018-2019>

# Reflect, Rethink and React



Name of student : \_\_\_\_\_ (     )

Class : \_\_\_\_\_

Class Teacher(s) : \_\_\_\_\_

## Class teacher period (Self-reflection period)

Aim: Through the use of the self-reflection period (20 minutes before the end of school), students conduct self-reflection under the guidance of class teachers. Students can evaluate their own learning attitude and behaviour and try to make an improvement.

✂ Class teachers distribute this self-reflection booklet to the students during the self-reflection period. Students are required to write down their reflection within 10 minutes with the guidance of class teachers. After finishing their self-reflection, class teachers will collect the booklets and give feedback.

\* Please write sincerely.



Date: \_\_\_\_\_ / \_\_\_\_\_

(Weekday \_\_\_\_\_)

**A. Learning performance :**

Today I ...	Please tick one box			Give examples
	Yes	A part only	No	
was able to learn a lot of interesting things in the lesson.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
was able to learn a lot of useful things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
was able to finish the tasks assigned by teacher.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
was able to attend lessons seriously and wholeheartedly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
was able to finish recording my homework in the student handbook.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
learned a lot of things in the _____ lesson.				
found that my performance in the _____ lesson should be improved.				
found that the biggest challenge in today's learning was _____				
#Others (Please specify):				

**B. Behaviour at school :**

Today I ...	Please tick one box			Give examples
	Yes	A part only	No	
behaved well in the lesson.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
followed the instructions of teachers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
kept my promise and was faithful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
fulfilled the responsibilities of a student.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Was able to study with classmates amicably.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
did not disobey school regulations.				
behaved well in _____ lesson.				
behaved badly in _____ lesson and I should improve in the next lesson.				
#Others (Please specify):				

Basically, I feel that my performance today was ...	Please write or draw pictures to express your feeling today.	Class teachers' signature and feedback
 <p>(Please choose a suitable feeling.)</p>		

The examinations is coming

Please study hard!

To aspire and to act

Take Action!

✗ At the end of the school term, class teachers return the booklets to the Vice-Principal after collection. Thank you!

**ACT NOW!**

