



Stay Vigilant against Pneumonia and Respiratory Tract Infection

Dear Parents,

We would like to alert you that the local seasonal influenza activity has continued to increase in the past few weeks and exceeded the baseline thresholds. The Centre for Health Protection (CHP) of the Department of Health are closely monitoring a cluster of pneumonia cases in Wuhan of Hubei Province, and alert you to stay vigilant at all times.

Starting from January 16 Jan 2020 (Thursday), our school will measure the body temperature of all students when they arrive the school in order to avert the outbreaks of flu or other infectious diseases.

Students should wear a mask and consult the doctor promptly if they have any symptoms related to fever or other respiratory diseases. They should not go back to school and stay at home until they are fully recovered. Please remind your child to keep the doctor's medical certificate for handling sickness absence when he/she comes back to school.

In a bid to to prevent pneumonia and respiratory tract infection, please remind your child to maintain personal and environmental hygiene. You are advised to remain vigilant and:

- Perform hand hygiene frequently, especially before touching the mouth, nose or eyes; after touching public installations such as handrails or door knobs; or when hands are contaminated by respiratory secretion after coughing or sneezing.
- Wash hands with liquid soap and water, and rub for at least 20 seconds. Then rinse with water and dry with a disposable paper towel or hand dryer. If hand washing facilities are not available, or when hands are not visibly soiled, hand hygiene with 70 to 80 per cent alcohol-based handrub is an effective alternative.
- Cover mouth and nose with tissue paper when sneezing or coughing. Dispose of soiled tissues into a lidded rubbish bin, then wash hands thoroughly.
- When having respiratory symptoms, wear a surgical mask, refrain from work or attending class at school, avoid going to crowded places and seek medical advice promptly.
- Avoid making close contact with patients, especially those with symptoms of acute respiratory infections.
- Avoid touching animals (including game), poultry/ birds or their droppings.
- Avoid visiting wet markets, live poultry markets or farms.
- Do not consume game meat and do not patronise food premises where game meat is served.
- Adhere to food safety and hygiene rules such as avoiding consuming raw or undercooked animal products, including milk, eggs and meat, or food which may be contaminated by animal secretions, excretions (such as urine) or contaminated products, unless they have been properly cooked, washed or peeled.
- Keep good ventilation.
- Enhance your body's resistance through a balanced diet, regular exercise, and adequate rest.
- Urge your children to get vaccinated with seasonal flu vaccines to prevent against infection.


For further information regarding pneumonia and influenza prevention, please visit the following websites:

[https://www.chp.gov.hk/files/pdf/lts\\_pneumonia\\_20200106\\_eng](https://www.chp.gov.hk/files/pdf/lts_pneumonia_20200106_eng)

<https://www.chp.gov.hk/en/features/14843.html>

Please read and sign this e-notice by 17 January 2020 (Friday).

Yours faithfully,

  
Mr. Chan Ka Fat  
(Principal)

